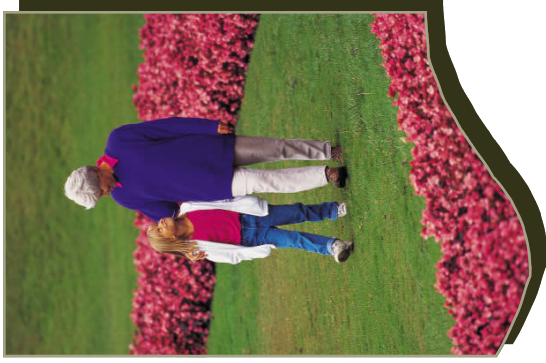


Why This Series?



Few grandparents or other relatives expect the daily responsibility of parenting a child. However, because of barriers facing the child's biological parent, another family member may choose to nurture and guide the child.

If you are a grandparent, aunt or uncle, or someone in the family who accepts the awesome responsibility of bringing up a child, this six session series is for you. It may provide you with just the resources and strategies that you need during this new chapter in your life.

This series is free. Donations are welcome to help defray the costs.

Series Sponsors

- Grandparents and Others as Parents Support Group
715-835-1944 or 715-225-0404
www.gap-ec.org



- Dove Healthcare-West
715-552-1030
www.dovehealthcare.com



- Aging & Disability Resource Center of Eau Claire County
715-839-4735 or 888-338-4636 or
use: Relay (711)
www.co.eau-claire.wi.us/adrc



- In-Kind Donations:
Festival Foods; Crabbee Apple
Massage; Brent Douglas Floral;
YMCA

**Contact the Aging & Disability
Resource Center of Eau Claire County
to Register NOW!**

**715-839-4735 or
888-338-4636**



4th Annual Six-Week Series
Tuesdays,
September 20 - October 25, 2011
5:30 pm - 7:30 pm
Dove Healthcare - West



**Are you raising your
grandchildren or children of
other family members?**

**It's easy to give them love,
but are you...**

- **Concerned?**
- **Confused?**
- **Frustrated?**

Help is available!

**Complimentary dinner and
childcare provided AND Door Prizes!**

Grandparents and Others as Parents: Series Topics and Dates

WHO

Grandparents and other relatives raising children.

WHAT

A six-week gathering of grandparents and other relatives who are parenting again. No-cost childcare and dinner is provided.

WHERE

Dove Healthcare - West
1405 Truax Blvd, Eau Claire

AGENDA

5:30 - 6:00 pm Registration and Complimentary Dinner
1st Floor Community Room
6:00 - 7:30 pm Presentation and Discussion
3rd Floor Education Room

Grandchildren will stay in the Community Room and Grandparents will be in the Education Room on the 3rd Floor for the presentation.

Don't Delay...Register Today!
Contact the Aging & Disability Resource Center of Eau Claire County by Friday, September 16th to register for any or all sessions:
715-839-4735 or 888-338-4636



✓ Tuesday, September 20, 2011

Introduction and Community Resources

- Our lives have changed;
- Learn about community resources and benefits

Speakers: Barbara Manzo, Grandparent; Rae Tipler, Grandparent, Pat Perkins - Health Benefits Specialist, Eau Claire City-County Health Department

The Four Temperaments

- What are the four temperaments?
- Learn about temperaments and how it affects behavior, personality and relationships

Speakers: Karen Maddox, RN, Associate Professor, UW-Eau Claire

✓ Tuesday, September 27, 2011

Making Sense of the Legal System

- Understand grandparent rights for visitation;
- Guardianship;
- Termination of parental rights; and
- Adoption

Speaker: Stella Pagonis, Attorney at Law

✓ Tuesday, October 4, 2011

Nutrition and Childhood Obesity

- Learn immediate and long-term impact of childhood obesity;
- Easy tips for changing child eating habits; and
- Creative and cost-effective ways to make healthy food

Speakers: Dr. Brent Jensen, MD, Oakleaf Pediatric Clinic; Susan Krahn, MS, RD, CD, Public Health Nutritionist, Eau Claire City-County Health Department

✓ Tuesday, October 11, 2011

What is Co-Dependency?

- When helping others becomes too much;
- Discover how to create a new generation by breaking the cycle of co-dependency

Speaker: Linda Marie Rogers, Founder/Facilitator of Co-Dependency Anonymous Support Group; Kim Wilson, Licensed Social Worker

✓ Tuesday, October 18, 2011

Mental Health Issues

- Identifying ADD/ADHD, depression, post traumatic stress disorder, etc.
- Symptoms and treatment in adults and children
- Learn about resources for families and consumers

Speaker: Dana Greicar, Licensed Social Worker, Aging & Disability Resource Center of Eau Claire County; Cynthia Leavitt, RN, MS, Licensed Marriage & Family Therapist, Heinz Psychological Services

****Free Chair Messages available during dinner!**

✓ Tuesday, October 25, 2011

Adolescent Risks and Vulnerability

- Why do teens act the way they do?
- Learn what the issues are and what we can do to nurture adolescents through this segment of their life cycle without major problems due to their unhealthy risk/choices/decisions

Speaker: Tom Kidd, Master's Degree in Education and Public Development

Registration is required. Contact the Aging & Disability Resource Center by Friday, September 16, 2011 to register.