



**Six Week,
No-Cost Seminar
Series**

This six session series will provide resources and strategies you need during this chapter in your life!

WHEN: Tuesdays, September 20 - October 25, 2011

**WHERE: Dove Healthcare - West
1405 Truax Blvd, Eau Claire**

TIME: 5:30 pm - 7:30 pm

AGENDA:

5:30 - 6:00 pm Registration and Complimentary Dinner
1st Floor Community Room

6:00 - 7:30 pm Presentation and Discussion
3rd Floor Education Room

Topics include:

- Community Resources
- The Four Temperaments
- Making Sense of the Legal System
- Nutrition and Child Obesity
- What is Co-Dependency
- Mental Health Issues
- Adolescent Risks and Vulnerability

**On Site, No-Cost
Childcare Provided**

Spend time with the experts! You will hear from an attorney, physician, family therapist, dietitian, grandparents and more!

**Contact the Aging & Disability Resource Center of Eau Claire County
to register at 715-839-4735 or 888-338-4636 by
Friday, September 16, 2011.**

In-Kind Donations: Festival Foods; Crabbee Apple Massage; Brent Douglas Floral; YMCA
Sponsored by:

